



MEASURING COMMUNITIES

Mapping Progress for Military & Veteran Families

Minnesota Congressional District 1

Total Population

679,003

The Military Family Research Institute (MFRI) at Purdue University collaborated with a Purdue University Masters of Public Health student intern to provide a public health-focused snapshot of the veteran, military and civilian population within each congressional district. Data was collected from multiple sources including MFRI's Measuring Communities online data portal. The provided data will help inform district leaders of the characteristics, health and accessibility of constituents residing in their districts and support legislative initiatives.

To view congressional districts, visit www.govtrack.us/congress/members/map

39,587

Veterans

5.8% of total population

According to the Census Bureau, "veterans are men and women who have served (even for a short time), but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II. People who served in the National Guard or Reserves are classified as veterans only if they were ever called or ordered to active duty, not counting the 4-6 months for initial training or yearly summer camps."

2,374

Military Members

0.3% of total population

Active Duty and Selected Reserve 2019

Veteran Population by Gender

Gender	District	State	National
Male	93%	92.7%	91.0%
Female	7%	7.3%	9.0%



Congressional District 1 has **267,326** total households, **38,234** or **14.3%** of those are veteran households.

11,312

Veteran Dependents

Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

2,163

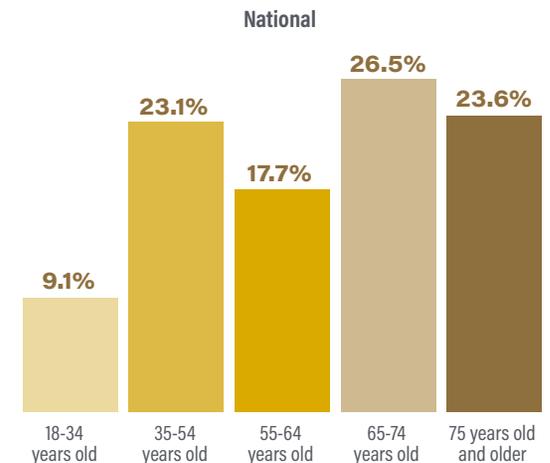
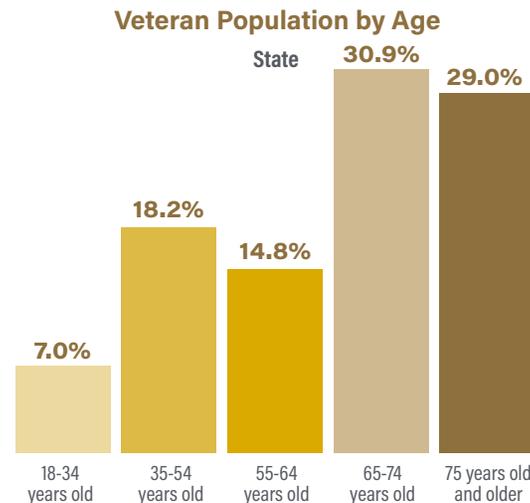
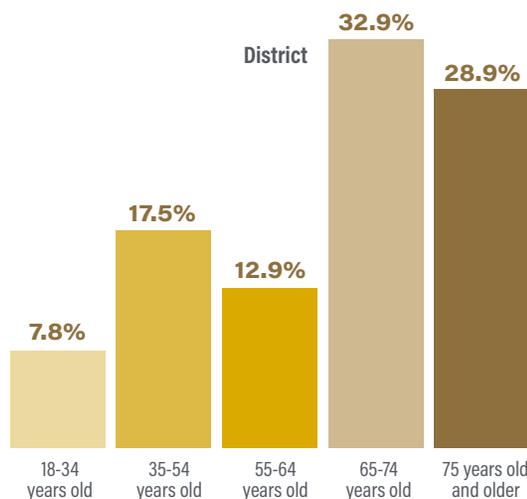
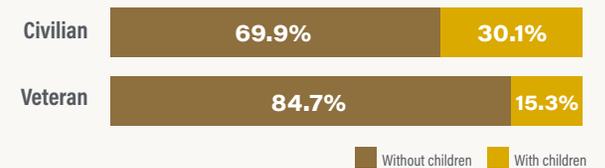
Military Dependents

Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

Disability

Civilians	10.5%
Veterans	31.6%

Households and Children



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Military Family Research Institute
Center for Regional Development



Minnesota Congressional District 1 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	9.3%	9.0%	11.8%
Veteran Poverty Rate	5.2%	5.4%	6.7%
Child Poverty Rate (18 and younger)	10.1%	11.7%	18.0%
Veteran Uninsured	1.3%	1.7%	3.2%
Unemployment (Feb. 2020)	3.5%	3.1%	3.5%
Unemployment (May 2020)	7.7%	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	22.6%	150,716

Households with Food Insecurity and Access



The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy foods and move towards self-sufficiency.

References

- AARP Livability Index - Great Neighborhoods for All Ages. (n.d.). Retrieved July 9, 2020, from <https://livabilityindex.aarp.org/>
- Explore Census Data. (n.d.). Retrieved July 9, 2020, from <https://data.census.gov/cedsci/>
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- USDA ERS - Rural-Urban Continuum Codes. (n.d.). Retrieved July 9, 2020, from <https://www.ers.usda.gov/data-products/rural-urban-continuum-codes.aspx>

Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Brown, Cottonwood, Faribault, Freeborn, Jackson, Martin, Mower, Nobles, Rice, Rock, Steele, Waseca, Watonwan, and Winona in Congressional District 1 are defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
7.85-29.60	6.06-37.62

In Congressional District 1, there are no areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
51-63	42-64

In Congressional District 1, all counties have a livability score that is above average. This indicates that these counties have scored higher on one or more of the measures that are used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.



MEASURING COMMUNITIES
Mapping Progress for Military & Veteran Families

Minnesota Congressional District 2

Total Population
717,698

The Military Family Research Institute (MFRI) at Purdue University collaborated with a Purdue University Masters of Public Health student intern to provide a public health-focused snapshot of the veteran, military and civilian population within each congressional district. Data was collected from multiple sources including MFRI's Measuring Communities online data portal. The provided data will help inform district leaders of the characteristics, health and accessibility of constituents residing in their districts and support legislative initiatives. To view congressional districts, visit www.govtrack.us/congress/members/map

37,454

Veterans
5.2% of total population

According to the Census Bureau, "veterans are men and women who have served (even for a short time), but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II. People who served in the National Guard or Reserves are classified as veterans only if they were ever called or ordered to active duty, not counting the 4-6 months for initial training or yearly summer camps."

3,134

Military Members
0.4% of total population

Active Duty and Selected Reserve 2019

13,846

Veteran Dependents
Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

3,378

Military Dependents
Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

Veteran Population by Gender

Gender	District	State	National
Male	91.7%	92.7%	91.0%
Female	8.3%	7.3%	9.0%

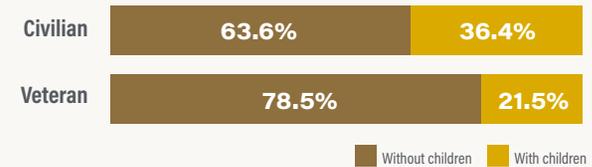


Congressional District 2 has **261,195** total households, **33,377** or **12.8%** of those are veteran households.

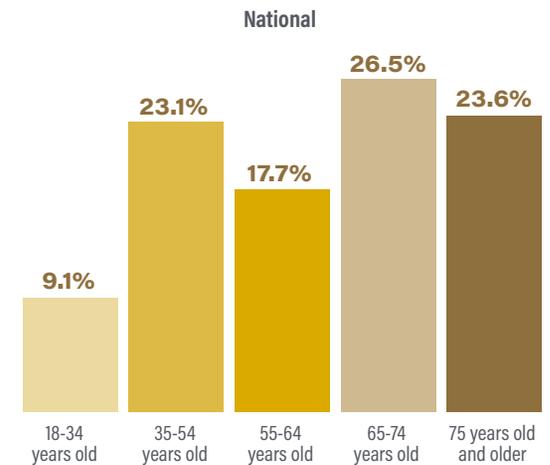
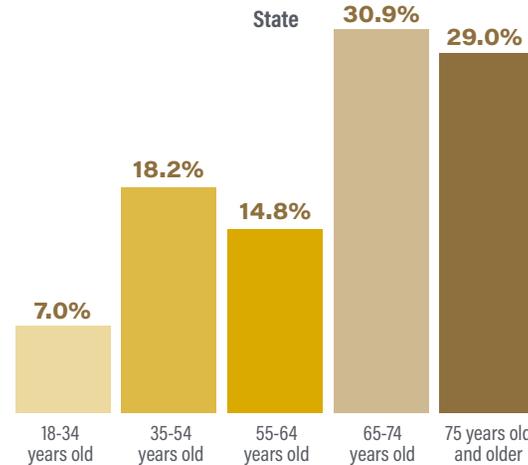
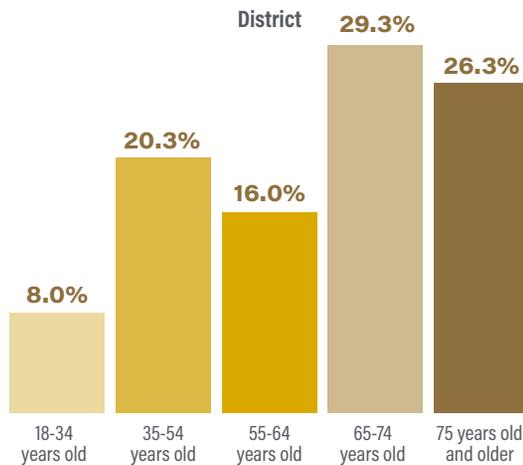
Disability

Civilians	8.5%
Veterans	31.7%

Households and Children



Veteran Population by Age



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Minnesota Congressional District 2 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	5.9%	9.0%	11.8%
Veteran Poverty Rate	3.8%	5.4%	6.7%
Child Poverty Rate (18 and younger)	8.2%	11.7%	18.0%
Veteran Uninsured	0.8%	1.7%	3.2%
Unemployment (Feb. 2020)	3.0%	3.1%	3.5%
Unemployment (May 2020)	10.0%	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

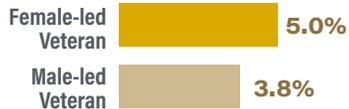
Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	34.4%	234,268

Households with Food Insecurity and Access



Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy foods and move towards self-sufficiency.

The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

References

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Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Goodhue and Rice in Congressional District 2 are defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
8.48-18.84	6.06-37.62

In Congressional District 2, there are no areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
55-61	42-64

In Congressional District 2, the counties of Dakota, Goodhue, Rice, Scott, Wabasha, and Washington have livability scores that are above average. This indicates that these counties have scored higher on one or more of the measures that are used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.



MEASURING COMMUNITIES

Mapping Progress for Military & Veteran Families

Minnesota Congressional District 3

Total Population

730,214

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35,072

Veterans

4.8% of total population

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2,063

Military Members

0.3% of total population

Active Duty and Selected Reserve 2019

Veteran Population by Gender

Gender	District	State	National
Male	92.6%	92.7%	91.0%
Female	7.4%	7.3%	9.0%



Congressional District 3 has **277,652** total households, **33,473** or **12.1%** of those are veteran households.

11,032

Veteran Dependents

Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

1,780

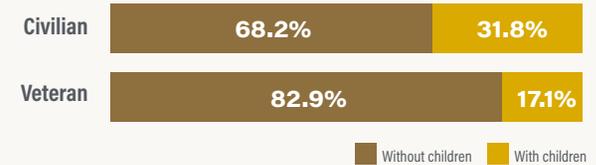
Military Dependents

Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

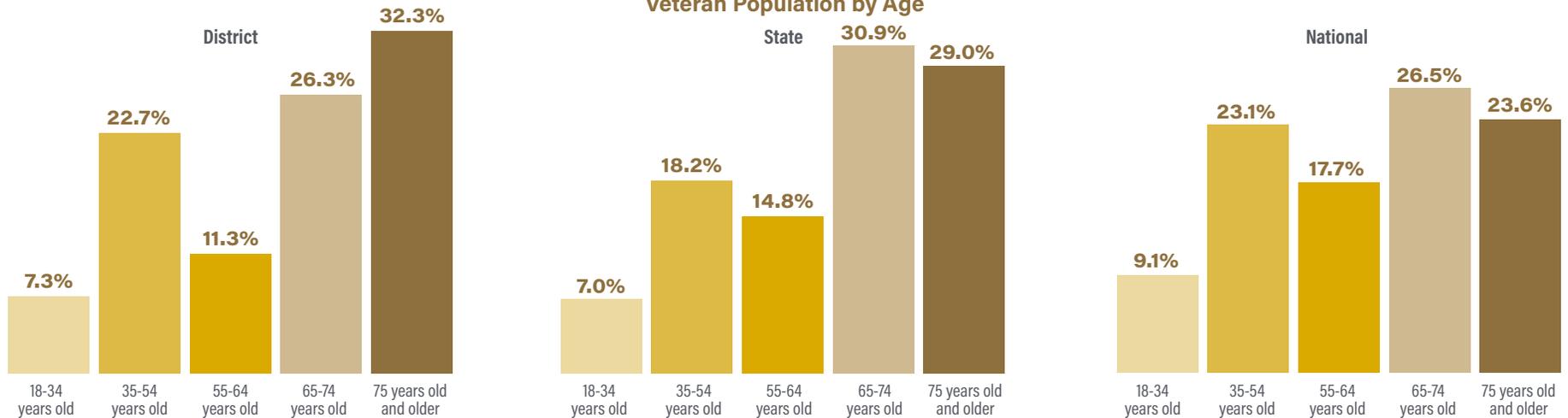
Disability

Civilians	8.8%
Veterans	26.9%

Households and Children



Veteran Population by Age



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Military Family Research Institute
Center for Regional Development



Minnesota Congressional District 3 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	5.2%	9.0%	11.8%
Veteran Poverty Rate	2.8%	5.4%	6.7%
Child Poverty Rate (18 and younger)	5.2%	11.7%	18.0%
Veteran Uninsured	1.3%	1.7%	3.2%
Unemployment (Feb. 2020)	2.6%	3.1%	3.5%
Unemployment (May 2020)	10.4%	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

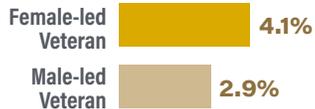
Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	43.7%	300,663

Households with Food Insecurity and Access



The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

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 USDA ERS - Rural-Urban Continuum Codes. (n.d.). Retrieved July 9, 2020, from <https://www.ers.usda.gov/data-products/rural-urban-continuum-codes.aspx>

Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Anoka, Carver, and Hennepin in Congressional District 3 are not defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
7.83-11.90	6.06-37.62

In Congressional District 3, there are no areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
59-61	42-64

In Congressional District 3, the counties of Anoka, Carver, and Hennepin have livability scores that are above average. This indicates that these counties have scored higher on one or more of the measures that are used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.



MEASURING COMMUNITIES

Mapping Progress for Military & Veteran Families

Minnesota Congressional District 4

Total Population
719,873

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30,646

Veterans

4.3% of total population

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2,463

Military Members

0.3% of total population

Active Duty and Selected Reserve 2019

Veteran Population by Gender

Gender	District	State	National
Male	90.9%	92.7%	91.0%
Female	9.1%	7.3%	9.0%



Congressional District 4 has **269,394** total households, **28,723** or **10.7%** of those are veteran households.

8,440

Veteran Dependents

Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

2,063

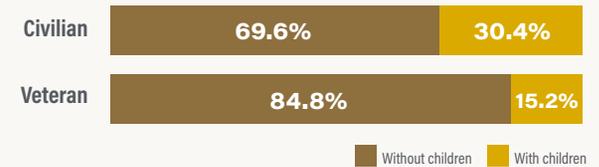
Military Dependents

Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

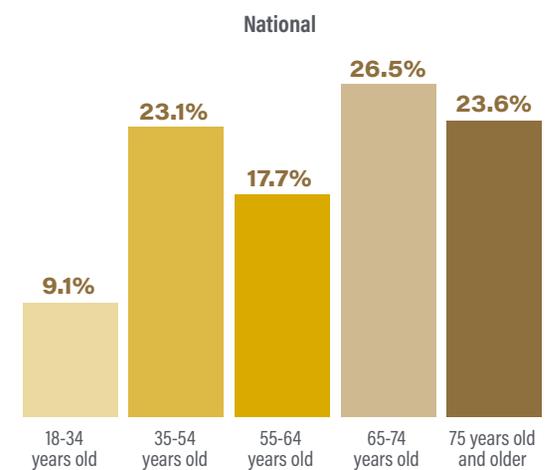
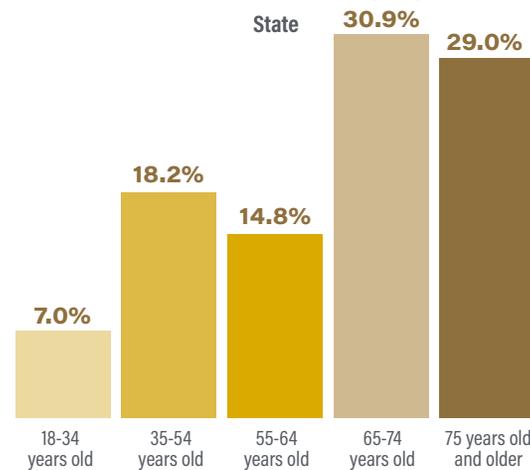
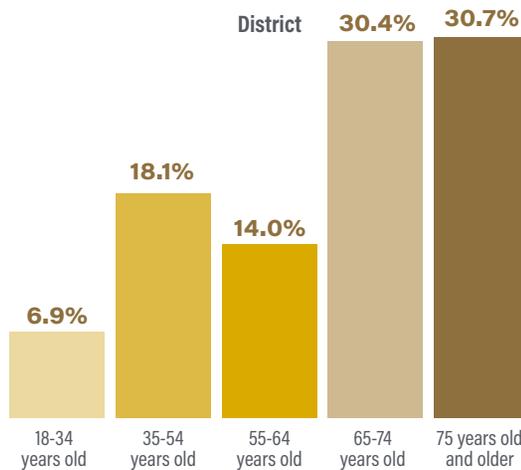
Disability

Civilians	12%
Veterans	25.9%

Households and Children



Veteran Population by Age



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Minnesota Congressional District 4 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	10.7%	9.0%	11.8%
Veteran Poverty Rate	5.3%	5.4%	6.7%
Child Poverty Rate (18 and younger)	17.1%	11.7%	18.0%
Veteran Uninsured	2.1%	1.7%	3.2%
Unemployment (Feb. 2020)	2.9%	3.1%	3.5%
Unemployment (May 2020)	n/a%	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

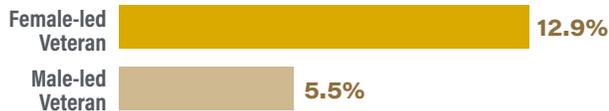
Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	25.7%	176,565

Households with Food Insecurity and Access



The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy foods and move towards self-sufficiency.

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Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Ramsey and Washington in Congressional District 4 are not defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
10.02-14.84	6.06-37.62

In Congressional District 4, there are no areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
61-64	42-64

In Congressional District 4, the counties of Ramsey and Washington have livability scores that are above average. This indicates that these counties have scored higher on one or more of the measures that are used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.



MEASURING COMMUNITIES

Mapping Progress for Military & Veteran Families

Minnesota Congressional District 5

Total Population
724,373

The Military Family Research Institute (MFRI) at Purdue University collaborated with a Purdue University Masters of Public Health student intern to provide a public health-focused snapshot of the veteran, military and civilian population within each congressional district. Data was collected from multiple sources including MFRI's Measuring Communities online data portal. The provided data will help inform district leaders of the characteristics, health and accessibility of constituents residing in their districts and support legislative initiatives. To view congressional districts, visit www.govtrack.us/congress/members/map

27,873

Veterans

3.8% of total population

According to the Census Bureau, "veterans are men and women who have served (even for a short time), but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II. People who served in the National Guard or Reserves are classified as veterans only if they were ever called or ordered to active duty, not counting the 4-6 months for initial training or yearly summer camps."

2,022

Military Members

0.3% of total population

Active Duty and Selected Reserve 2019

Veteran Population by Gender

Gender	District	State	National
Male	93.2%	92.7%	91.0%
Female	6.8%	7.3%	9.0%



Congressional District 5 has **294,571** total households, **27,945** or **9.5%** of those are veteran households.

7,330

Veteran Dependents

Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

1,675

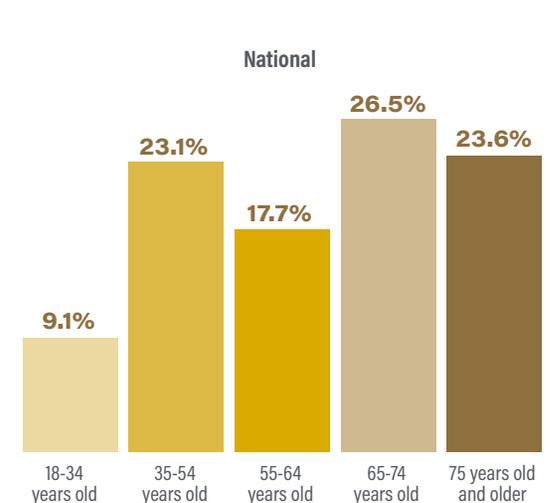
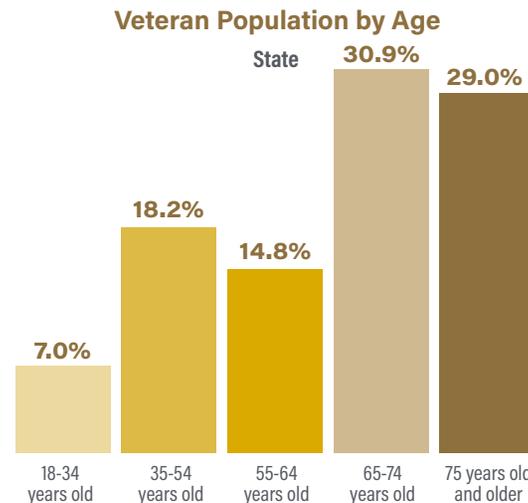
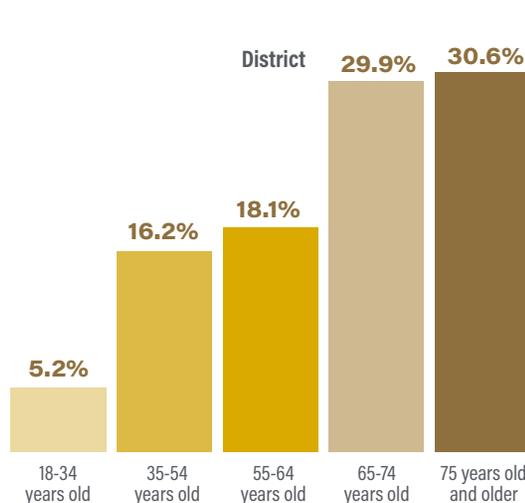
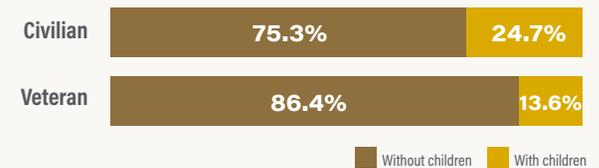
Military Dependents

Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

Disability

Civilians	11.2%
Veterans	22.5%

Households and Children



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Military Family Research Institute
Center for Regional Development



Minnesota Congressional District 5 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	13.7%	9.0%	11.8%
Veteran Poverty Rate	9.3%	5.4%	6.7%
Child Poverty Rate (18 and younger)	16.5%	11.7%	18.0%
Veteran Uninsured	3.6%	1.7%	3.2%
Unemployment (Feb. 2020)	2.6%	3.1%	3.5%
Unemployment (May 2020)	10.6%	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	12.6%	86,360

Households with Food Insecurity and Access



The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy foods and move towards self-sufficiency.

References

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Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Anoka, Hennepin, and Ramsey in Congressional District 5 are not defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
10.17-14.84	6.06-37.62

In Congressional District 5, there are no areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
51-64	42-64

In Congressional District 5, the counties of Anoka, Hennepin, and Ramsey have livability scores that are above average. This indicates that these counties have scored higher on one or more of the measures that are used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.



MEASURING COMMUNITIES
Mapping Progress for Military & Veteran Families

Minnesota Congressional District 6

Total Population
729,029

The Military Family Research Institute (MFRI) at Purdue University collaborated with a Purdue University Masters of Public Health student intern to provide a public health-focused snapshot of the veteran, military and civilian population within each congressional district. Data was collected from multiple sources including MFRI's Measuring Communities online data portal. The provided data will help inform district leaders of the characteristics, health and accessibility of constituents residing in their districts and support legislative initiatives. To view congressional districts, visit www.govtrack.us/congress/members/map

38,631

Veterans
5.3% of total population

According to the Census Bureau, "veterans are men and women who have served (even for a short time), but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II. People who served in the National Guard or Reserves are classified as veterans only if they were ever called or ordered to active duty, not counting the 4-6 months for initial training or yearly summer camps."

3,113

Military Members
0.4% of total population

Active Duty and Selected Reserve 2019

14,429

Veteran Dependents
Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

3,329

Military Dependents
Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

Veteran Population by Gender

Gender	District	State	National
Male	92.7%	92.7%	91.0%
Female	7.3%	7.3%	9.0%

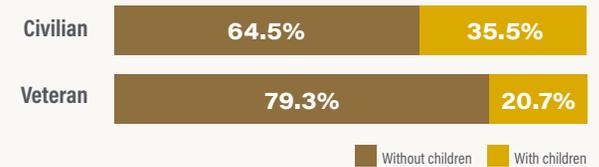


Congressional District 6 has **252,839** total households, **36,037** or **14.3%** of those are veteran households.

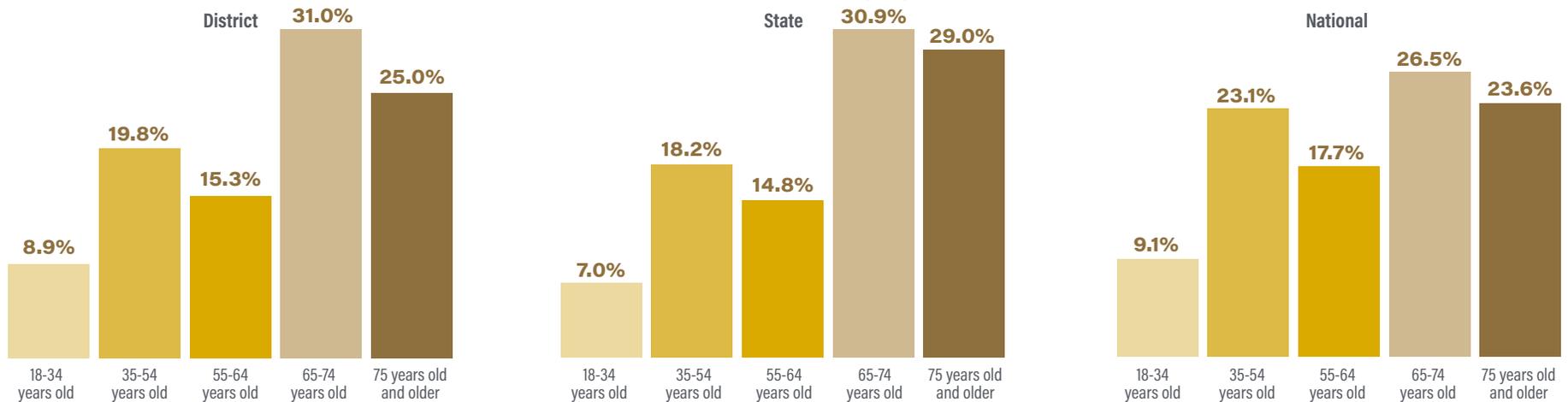
Disability

Civilians	9.6%
Veterans	38.7%

Households and Children



Veteran Population by Age



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- [MFRIPurdue](#) (Twitter)
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Military Family Research Institute
Center for Regional Development



Minnesota Congressional District 6 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	6.3%	9.0%	11.8%
Veteran Poverty Rate	3.5%	5.4%	6.7%
Child Poverty Rate (18 and younger)	9.1%	11.7%	18.0%
Veteran Uninsured	1.3%	1.7%	3.2%
Unemployment (Feb. 2020)	3.7%	3.1%	3.5%
Unemployment (May 2020)	n/a	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	29.1%	198,262

Households with Food Insecurity and Access



The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy foods and move towards self-sufficiency.

References

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 USDA ERS - Rural-Urban Continuum Codes. (n.d.). Retrieved July 9, 2020, from <https://www.ers.usda.gov/data-products/rural-urban-continuum-codes.aspx>

Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Anoka, Benton, Carver, Hennepin, Sherburne, Stearns, Washington, and Wright in Congressional District 6 are not defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
7.83-15.61	6.06-37.62

In Congressional District 6, there are no areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
55-61	42-64

In Congressional District 6, the counties of Anoka, Benton, Carver, Hennepin, Sherburne, Stearns, and Washington have livability scores that are above average. This indicates that these counties have scored higher on one or more of the measures that are used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.



MEASURING COMMUNITIES

Mapping Progress for Military & Veteran Families

Minnesota Congressional District 7

Total Population
668,096

The Military Family Research Institute (MFRI) at Purdue University collaborated with a Purdue University Masters of Public Health student intern to provide a public health-focused snapshot of the veteran, military and civilian population within each congressional district. Data was collected from multiple sources including MFRI's Measuring Communities online data portal. The provided data will help inform district leaders of the characteristics, health and accessibility of constituents residing in their districts and support legislative initiatives. To view congressional districts, visit www.govtrack.us/congress/members/map

42,413

Veterans

6.3% of total population

According to the Census Bureau, "veterans are men and women who have served (even for a short time), but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II. People who served in the National Guard or Reserves are classified as veterans only if they were ever called or ordered to active duty, not counting the 4-6 months for initial training or yearly summer camps."

2,431

Military Members

0.4% of total population

Active Duty and Selected Reserve 2019

Veteran Population by Gender

Gender	District	State	National
Male	93.5%	92.7%	91.0%
Female	6.5%	7.3%	9.0%



Congressional District 7 has **270,762** total households, **41,775** or **15.4%** of those are veteran households.

11,578

Veteran Dependents

Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

2,815

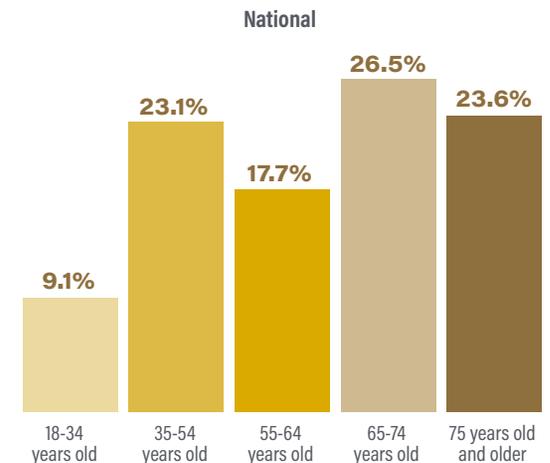
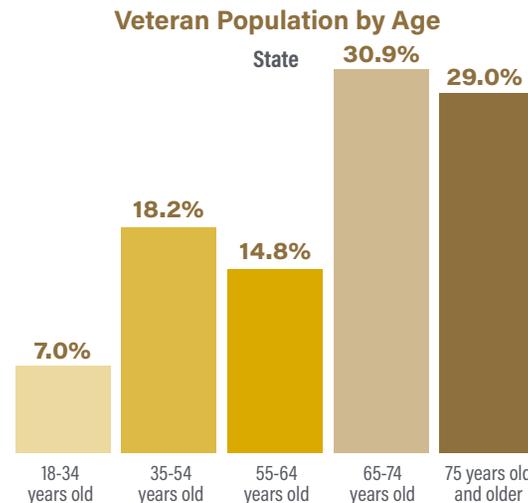
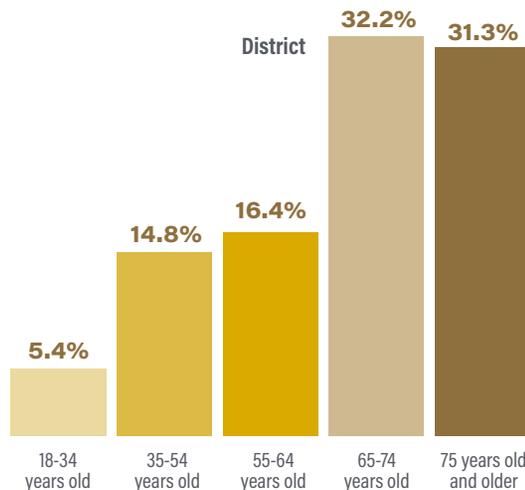
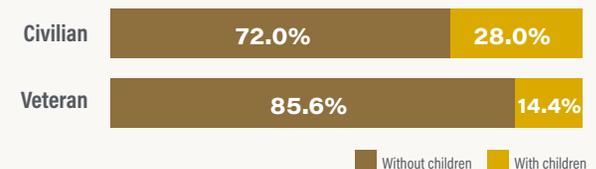
Military Dependents

Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

Disability

Civilians	12.5%
Veterans	33.6%

Households and Children



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Center for Regional Development



Minnesota Congressional District 7 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	10.4%	9.0%	11.8%
Veteran Poverty Rate	6%	5.4%	6.7%
Child Poverty Rate (18 and younger)	13.9%	11.7%	18.0%
Veteran Uninsured	1.6%	1.7%	3.2%
Unemployment (Feb. 2020)	4.9%	3.1%	3.5%
Unemployment (May 2020)	6.2%	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	28.6%	189,590

Households with Food Insecurity and Access



The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy foods and move towards self-sufficiency.

References

- AARP Livability Index - Great Neighborhoods for All Ages. (n.d.). Retrieved July 9, 2020, from <https://livabilityindex.aarp.org/>
- Explore Census Data. (n.d.). Retrieved July 9, 2020, from <https://data.census.gov/cedsci/>
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- USDA ERS - Rural-Urban Continuum Codes. (n.d.). Retrieved July 9, 2020, from <https://www.ers.usda.gov/data-products/rural-urban-continuum-codes.aspx>

Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Becker, Beltrami, Big Stone, Chippeaw, Clearwater, Cottonwood, Douglas, Grant, Kandiyohi, Kittson, Lac qui Parle, Lake of the Woods, Lincoln, Lyon, Mahnomen, Marshall, McLeod, Meeker, Murray, Norman, Otter Tail, Pennington, Pipestone, Pope, Red Lake, Redwood, Renville, Roseau, Stevens, Swift, Todd, Traverse, Wilkin, and Yellow Medicine in Congressional District 7 are defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
6.06-29.6	6.06-37.62

In Congressional District 7, there are no areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
45-59	42-64

In Congressional District 7, the counties of Beltrami, Clearwater, Mahnomen, and Marshall have livability scores that are below average. This indicates that these counties have scored lower on one or more of the measures that are used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.



MEASURING COMMUNITIES

Mapping Progress for Military & Veteran Families

Minnesota Congressional District 8

Total Population
671,346

The Military Family Research Institute (MFRI) at Purdue University collaborated with a Purdue University Masters of Public Health student intern to provide a public health-focused snapshot of the veteran, military and civilian population within each congressional district. Data was collected from multiple sources including MFRI's Measuring Communities online data portal. The provided data will help inform district leaders of the characteristics, health and accessibility of constituents residing in their districts and support legislative initiatives. To view congressional districts, visit www.govtrack.us/congress/members/map

51,463

Veterans

7.7% of total population

According to the Census Bureau, "veterans are men and women who have served (even for a short time), but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II. People who served in the National Guard or Reserves are classified as veterans only if they were ever called or ordered to active duty, not counting the 4-6 months for initial training or yearly summer camps."

3,402

Military Members

0.5% of total population

Active Duty and Selected Reserve 2019

Veteran Population by Gender

Gender	District	State	National
Male	93.2%	92.7%	91.0%
Female	6.8%	7.3%	9.0%



Congressional District 8 has **274,068** total households, **49,450** or **18%** of those are veteran households.

12,943

Veteran Dependents

Number of estimated dependents under 18 years old who rely on the financial support of the veteran in their household.

3,797

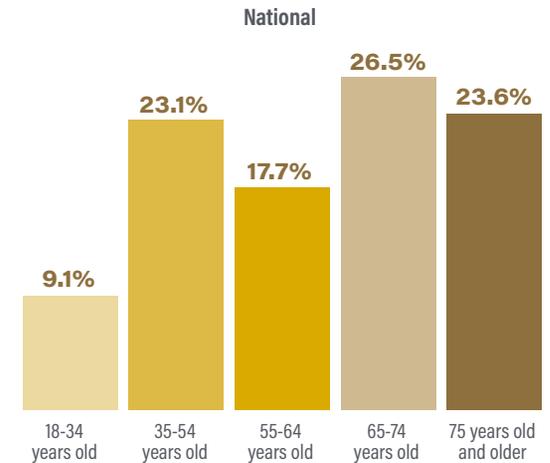
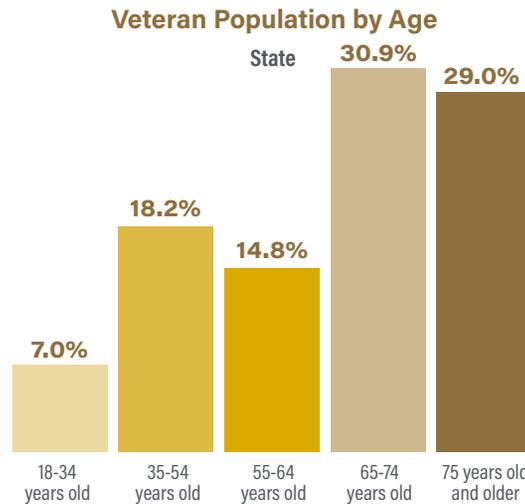
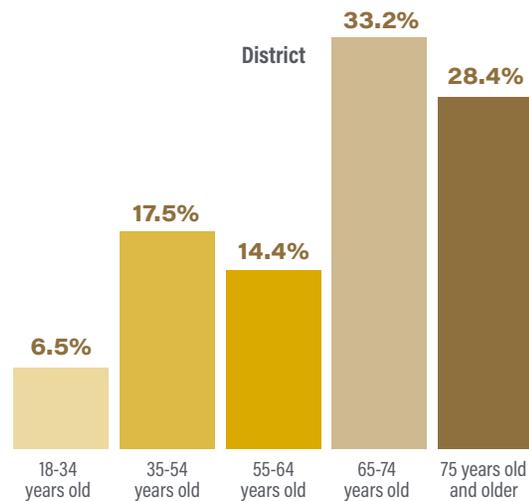
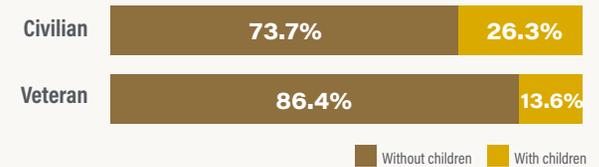
Military Dependents

Number of spouses, children under 18, and others who rely on service member for more than half of their financial support (based on DEERS enrollment of Active Duty and Selected Reserve in 2018).

Disability

Civilians	13.9%
Veterans	35.8%

Households and Children



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Military Family Research Institute
Center for Regional Development



Minnesota Congressional District 8 Health and Well-Being

Poverty, Insurance Coverage and Unemployment

	District	State	National
Civilian Poverty Rate	10.6%	9.0%	11.8%
Veteran Poverty Rate	7.3%	5.4%	6.7%
Child Poverty Rate (18 and younger)	15.1%	11.7%	18.0%
Veteran Uninsured	2.1%	1.7%	3.2%
Unemployment (Feb. 2020)	5.8%	3.1%	3.5%
Unemployment (May 2020)	10.4%	9.9%	13.3%

Those uninsured face greater barriers to care. In light of COVID-19, those living in poverty and whom are uninsured may be at a greater risk of exposure and complications from the virus.

Due to COVID-19 and the nature of the virus, unemployment rates have sharply increased between February and May of 2020. These rates may continue to be impacted over the coming months, and should be further monitored throughout the duration of the COVID-19 pandemic.

Households on SNAP benefits



Food Desert

	Percentage	Number
Low income civilian population living a mile or more from a supermarket	22.9%	151,866

Households with Food Insecurity and Access



Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy foods and move towards self-sufficiency.

The standard definition of a food desert is defined as a low-income census tract with a substantial share of residents with low levels of access to retail outlets selling healthy and affordable foods. Low-access areas have at least 500 persons and/or at least 33 percent of the population lives more than one mile from a supermarket or large grocery store. Residents with a lack of access to adequate food sources have been shown to have poorer health outcomes. Living in a food desert creates a health disparity among residents that impacts quality-of-life and overall health.

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Rural-Urban Continuum

According to the Rural-Urban Continuum, the counties of Aitkin, Beltrami, Cass, Cook, Crow Wing, Hubbard, Itasca, Kanabec, Koochiching, Lake, Morrison, Pine, and Wadena in Congressional District 8 are defined as rural.

Codes are determined on a 1 to 9 scale, 1 being the least rural and 9 being the most rural. Rural areas often have a higher poverty rate when comparing to their urban counterparts. Poverty in rural areas may contribute to poor housing conditions and health among residents.

Digital Divide Index Range

District	State
10.31-37.62	6.06-37.62

In Congressional District 8, the counties of Aitkin and Pine are areas of concern. The digital divide index is a value ranging from 0 to 100, 100 indicating the highest digital divide. A higher digital divide score is associated with limited broadband infrastructure, digital literacy, and exposure to technology benefits. In areas with higher digital divide scores, individuals may face barriers that limit their ability to obtain health information, stay informed, access online education, or secure employment options.

According to the Purdue Center for Regional Development, a digital divide score of 30 and above presents significant socioeconomic, broadband infrastructure, and adoption challenges that may limit motivation, skills, and usage of technology.

AARP Livability Index Range

District	State
42-60	42-64

In Congressional District 8, the counties of Aitkin, Beltrami, Kanabec, and Pine have livability scores that are below average. This indicates that these counties have scored lower on one or more of the measures used to assess community livability. The AARP Livability Index takes a holistic approach measuring housing, neighborhood, transportation, environment, health, engagement, and opportunity. Each metric is scored on a measure of 0 to 100, 0 being the lowest and 100 being the highest. Because health is deeply related to quality of life, higher livability scores are associated with healthier communities due to an increased access to health-related resources and quality healthcare.

According to the AARP Livability Index, an average community livability score is 50, an above-average score is over 50, and a below-average score is below 50.